

RDS FAQ's

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ELITE TRAINING PROGRAMS - VISION

Establish a commitment to players that possess the ability, attitude, and desire to compete in a unique and demanding environment, while developing players that aspire to play at the highest level.

FAQs

What are the Regional Development Schools?

The Regional Development Schools (RDS) are elite supplementary training programs for players to train in a professional, player development-focused environment with the Revolution Academy coaching staff. Training in the RDS is the most successful route to making it onto one of the fully-funded Academy teams.

Do players have to try out for the RDS Programs?

The RDS programs are split into 3 zones of development by players' birth years. Zone 3 RDS programs are through a tryout process to ensure the highest level of competition. Zone 1 and Zone 2 are through open enrollment.

Zone 1	2011, 2012	Open enrollment
Zone 2	2009, 2010	Open enrollment
Zone 3	2005, 2006, 2007, 2008	Tryout Process

How does the Tryout process work for players in Zone 3?

Parents should register for their player's birth year program. Please note that the RDS program is not for everyone and is intended for elite players only. During week one, players will be evaluated for their suitability for the RDS program. If the academy coaching staff, in their sole discretion, evaluates a player in the first week to be below the required level for the RDS program, the player will be removed from the RDS program and the academy will provide recommendations for a more suitable developmental program. In such an instance, the player's

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RDS registration payment will be fully refunded and the parents will be notified at least 24 hours prior to the next RDS session.

Is RDS for boys and girls?

In Zone 1 and Zone 2, boys and girls will be mixed. In Zone 3, boys and girls will be split and train at different times.

Can my child try out again if they did not make the program?

Yes. Players develop at different stages and we encourage players to try out again if they are considered to not be at an RDS level for Zone 3.

What are the benefits of training in the RDS?

The coaching staff provides a professional and demanding training environment that is centered on individual player development. The progressive curriculum is designed to develop each player's technical ability and speed of decision-making in highly competitive sessions. The progression through each layer of the program (Zone 1 to Zone 3) gives a clear development pathway for players in the RDS environment.

When and where do the RDS programs take place?

The RDS programs are scheduled for eight weeks in the fall, winter, and spring. Programs are hosted at Gillette Stadium in the Empower Field House and additional regional locations. The season breakdown is below:

Fall	September to November
Winter 1	November to January
Winter 2	February to April
Spring	April to June

Do the RDS programs run in the summer? Do players have to try out?

There are 5-6 regional locations in the summer. These programs are typically 3-4 days in the mornings 9:00am–12:00pm or evenings 5:00-8:00pm. The RDS Summer programs are open enrollment.

What is the RDS Goalkeeping program? Do players have to try out?

The RDS Goalkeeping program is for players in Zone 2 and Zone 3 and runs on Friday evenings at the Empower Fieldhouse 5:00-6:30pm. The program is led by Karl Spratt, Head of Academy Goalkeeping. There is no tryout for the Goalkeeping program and programs are held for players born between 2003 and 2010.

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What are the RDS Jamboree Teams?

The RDS Coaching staff selects high-performing players from the RDS programs to participate in jamboree events throughout the year. Players will be notified via e-mail ahead of time with the schedule and details. There will be no separate tryout for these teams. Jamboree teams will be coached by members of the Revolution Academy coaching staff and will be held in the off-season.

Will there be a charge for the RDS Tournament Teams?

There is no charge for the RDS Tournament teams. Players will be expected to purchase a uniform for the tournament, but no other costs will be incurred.

If my child will be missing a session, can they attend a make-up date on a different night or future program?

If a player misses a session, we will attempt to accommodate a make-up request. An e-mail should be sent to Laura Comeau at LauraC@revolutionsoccer.net with the session your child will be missing and we will attempt to accommodate on another evening. We can only accommodate make-up sessions for the same RDS cycle. If a player misses a session in the spring, they can only make up a session on a different evening within another spring program; players cannot make up a session during another season.

How will I be contacted about a cancellation?

If a session is canceled, the Revolution Academy will e-mail participants in a timely manner. Parents should check their e-mails when there is inclement weather, as this will be the only form of communication regarding cancellations. We will typically notify parents of a decision on a cancellation for the evening by 12:00 noon on the same day, if not sooner.

What is the Professional Edge program and how do I register?

The Professional Edge program is an invitation only program for players born in the 2002 to 2007 birth years, specifically tailored for high-performing individuals who have been identified as promising top-level players, based not only on their technical and tactical ability, but also on their attitude and work ethics.

The training sessions will be conducted by the Elite Training coaching staff and will be structured to include the following components in a professional setting:

- Technical and tactical training
 - o ball mastery in game-realistic situations requiring quick decision-making
- Health-related fitness (motor general)
 - o the ability to sustain the necessary high-level athletic movements over the duration of a match

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- Skill-related fitness (motor specific)
 - o soccer-specific fitness

Players from the RDS will be invited to register through a private link. Players wishing to participate in this program who have not participated in a previous RDS program will need to send a playing resume to the coaching staff listed on the website.

Can my child be considered for the Revolution Youth Teams?

Participation in the RDS is the best way to earn a spot on the Academy teams. The RDS Coaching staff will notify players with Academy potential and pass their information on to the Head of Scouting, Jasir Charris. The Academy coaching staff will be on-site to evaluate players at the RDS Tournaments and on occasion at the week five tournament play, as part of the eight-week programs.